

A woman with her hair in a ponytail, wearing a black and white striped long-sleeved shirt, stands on a wooden walkway of a suspension bridge. She is looking down at a smartphone in her right hand and holding a brown paper coffee cup in her left hand. The background shows the bridge's steel structure and a cityscape under a clear sky.

All over it

**Stay on top of your health care benefits**  
You're in charge with the Aetna Health<sup>SM</sup> app

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# Your health is in your hands

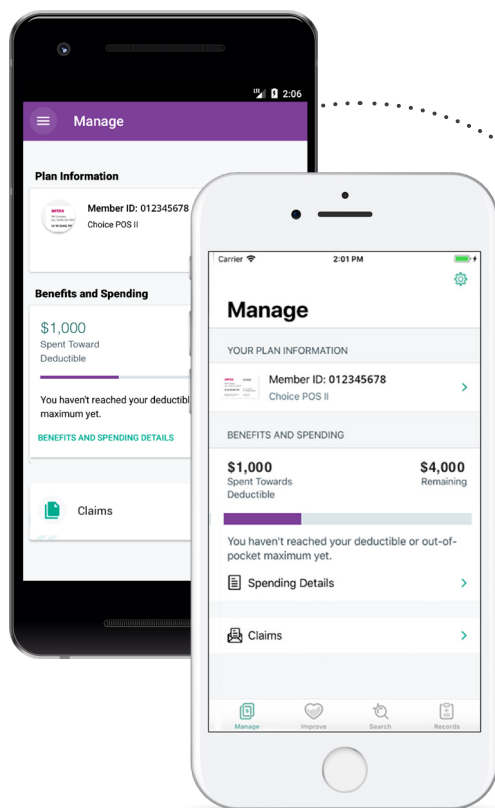
Staying healthy is important. So is keeping track of your benefits. But with everything else you have going on, managing it all can be a challenge.







The Aetna Health app can help. From finding a doctor and estimating costs to tracking progress on your

personal health goals, the app is your all-in-one resource for information and inspiration.

See for yourself how the app can make it easier to manage your health and benefits.

Download the  
Aetna Health app



-  View benefits and pay claims for your whole family
-  Search for providers, procedures and medications
-  Get cost estimates before you get care
-  Check HSA, HRA and FSA account balances\*
-  Access your ID card whenever you need it
-  Get recommended health actions based on your profile

\*Available only to members with PayFlex® services.

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