



Kansas City

SAVE TIME WITH TELEHEALTH

Doctor Visits from Your Phone or the Web

Live and immediate 24/7 access to care for common medical issues.

EXCLUSIVELY FOR NORTH KANSAS CITY SCHOOL DISTRICT EMPLOYEES IN 2019:

- **\$10 COPAY** for the **BLUESELECT PLUS EPO PLAN**
- **\$10 COPAY** for the **BLUESELECT PLUS SPIRA CARE EPO PLAN**
- **LOW COST OPTION** for the **BLUESELECT PLUS QUALIFIED HIGH-DEDUCTIBLE HEALTH PLAN**

Blue Cross and Blue Shield of Kansas City (Blue KC) wants to improve your access to care. That's why we've expanded our networks to include American Well (Amwell)¹, and to bring you care from the comfort and convenience of your home or wherever you are. Amwell is available to most Blue KC members. (Medicare Advantage members do not have access).



Use this service for easy access to care for **common medical issues** like cold, flu, fever, abdominal pain, migraines, possible ear infection, rash and sinusitis.

Get started today

1. Download the **Amwell Mobile App** or visit **Amwell.com**.
2. Create an account in a few simple steps. Be sure to use your Blue KC member ID card in order to input your insurance information. Also be sure to choose **Blue KC** from the plan drop-down list.
3. View a list of available doctors, their experience and ratings, and select one.
4. Stream a live visit directly from the Web or your mobile device.

TELEHEALTH BENEFITS



Open 24 Hours

Doctors are available 24 hours a day, 365 days a year.



Safe & Secure

Your information is kept private throughout the visit.



Care that Goes Anywhere

Install the Amwell mobile app and access healthcare from anywhere, anytime.



No Appointments

Just sign in – no more waiting rooms.

To learn more about Amwell, visit Amwell.com.

¹ American Well's Online Care Group is an independent provider contracted to participate in Blue KC's commercial provider networks.