

North Kansas City School District

**Health Benefit Plan Summary - BlueSelect Plus Spira Care PPO BlueSaver - B2 (\$)**

This Benefit Summary provides only highlights of the services covered by Blue Cross and Blue Shield of Kansas City (Blue KC). For Additional details, exclusions and limitations refer to your member certificate available at [MyBlueKC.com](http://MyBlueKC.com).

**General Plan Information**

<p><b>Plan Type</b></p>	<p><b>Preferred Provider Organization (PPO)</b>                  Members can receive services from any hospital or physician, but receive greater benefits when using in-network providers.                  This plan is an HSA Qualified High Deductible Health Plan.                  Services rendered at Out-of-Network providers are subject to Out-of-Network allowables as stated in your contract, and balance billing may occur.</p>	
<p><b>Medical Network(s)</b>                  A complete listing of network hospitals and physicians is available on <a href="http://MyBlueKC.com">MyBlueKC.com</a>.</p>	<p><b>In Area:</b> BlueSelect Plus  <b>Out-of-Area:</b> BlueCard PPO/EPO</p>	
<p><b>Deductible – Aggregate</b>                  You must pay all the costs up to the Deductible amount before this plan begins to pay for covered services.</p>	<p><b>In-Network</b>                  Individual: \$1,900                  Family: \$3,800</p>	<p><b>Out-of-Network</b>                  Individual: \$3,800                  Family: \$7,600</p>
<p><b>Coinsurance</b>                  The amount the plan pays for covered services is based on the allowed amount. If an out-of-network provider charges more than the allowed amount, you may have to pay the difference.</p>	<p><b>In-Network</b>                  Member Pays: 20%                  Plan Pays: 80%</p>	<p><b>Out-of-Network</b>                  Member Pays: 50%                  Plan Pays: 50%</p>
<p><b>Out-of-Pocket Limits – Embedded</b>                  The Out-of-Pocket Limit is the most you could pay during the Calendar Year for your share of the cost of covered services.                  These cost shares apply to the Out-of-Pocket Limit: Coinsurance, Deductibles, Copays  <b>Applies to:</b> All Medical and Rx Cost Sharing</p>	<p><b>In-Network</b>                  Individual: \$4,500                  Family: \$9,000</p>	<p><b>Out-of-Network</b>                  Individual: \$25,000                  Family: \$50,000</p>
<p><b>Customer Service &amp; Care Guide Services</b></p>	<p><b>Local:</b> 913-29-SPIRA (77472)  <b>Toll Free:</b> 1-877-33-SPIRA (77472)</p>	

Plan Benefits - Medical		
<i>When you visit a Spira Care Center...</i>	<b>In-Network</b>	<b>Out-of-Network</b>
<p><b>Visits to a Spira Care Center include:</b></p> <ul style="list-style-type: none"> <li>• Office Visit – Routine</li> <li>• Office Visit – Urgent/Acute</li> <li>• Chronic Disease Care (excluding drugs &amp; equipment)</li> <li>• Outpatient Mental Health, Behavioral Health, and Substance Abuse Services</li> </ul> <p><i>Included as part of office visit and no member cost share:</i></p> <ul style="list-style-type: none"> <li>• Labs</li> <li>• X-ray (basic diagnostic x-rays for fracture and other injuries or illness)</li> </ul> <p><i>Workers' Comp</i> Your health coverage through any of the Blue Cross and Blue Shield of Kansas City plans, including Spira Care and Spira Care (HSA Eligible), cannot be used for an on-the-job or work-related injury or illness. However, members may have access to workers' compensation insurance paid for by their employers which may provide monetary benefits and/or medical care coverage for a work related injury or illness. Please speak with your human resources representative for more information.</p>	Deductible, then no charge	Not covered
<p><b>Preventive Screenings &amp; Immunizations (Children &amp; Adults)</b> Blue KC health plans include routine preventive benefits that are consistent with the guidelines developed by the United States Preventive Services Task Force (USPSTF), Health Resources and Services Administration (HRSA), and the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention. Services must be billed with a primary diagnosis of preventive to be covered at 100%. Refer to your member certificate for additional details.</p>	No member cost share	Not covered
<i>When you visit another Physician's Office...</i>	<b>In-Network</b>	<b>Out-of-Network</b>
<p><b>Physician</b> <i>Primary Care Physician (PCP)</i> - An internist, family practitioner, general practitioner, or pediatrician.</p>	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<p><i>Specialist</i> - Doctors of Medicine (MD), Doctors of Osteopathy (DO), except Primary Care Physicians, and other medical practitioners such as optometrists, psychologists and chiropractors.</p>	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<p><i>Other Services &amp; Procedures performed in a provider's office and not included with an office visit</i></p>	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<p><b>Urgent Care Center</b></p>	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<p><b>Blue KC Virtual Care - Office Visit</b> Virtual Care provided by Blue KC virtual care partner(s). All other virtual care services subject to applicable cost sharing.</p>	20% Coinsurance after Deductible	Not applicable
<p><b>Blue KC Virtual Care - Behavioral Health Therapy</b> Virtual Care provided by Blue KC virtual care partner(s). All other virtual care services subject to applicable cost sharing.</p>	20% Coinsurance after Deductible	Not applicable

<b>Preventive Screenings &amp; Immunizations (Children &amp; Adults)</b> Blue KC health plans include routine preventive benefits that are consistent with the guidelines developed by the United States Preventive Services Task Force (USPSTF), Health Resources and Services Administration (HRSA), and the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention. Services must be billed with a primary diagnosis of preventive to be covered at 100%. Refer to your member certificate for additional details.	No member cost share	50% Coinsurance after Deductible
<b>Labs Performed in a Provider's Office/Independent Lab/Urgent Care Facility</b>	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<b>Allergy</b>		
<b>Allergy Testing</b>	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<b>Allergy Treatment</b>	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<i>When you need radiology services...</i>	<b>In-Network</b>	<b>Out-of-Network</b>
<b>X-Ray</b>	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<b>Other Radiology Procedures (MRI, CT/PET Scans, MRA)</b> Prior Authorization Policy Applies	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<i>When you have out-patient surgery...</i>	<b>In-Network</b>	<b>Out-of-Network</b>
<b>Outpatient Surgery Facility Fees</b> Prior Authorization Policy Applies	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<b>Physician (Surgeon) Services</b>	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<i>If you need immediate medical attention...</i>	<b>In-Network</b>	<b>Out-of-Network</b>
<b>Urgent Care Center Office Visit</b>	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<b>Emergency Services</b> Out-of-Network benefits are subject to the plan's allowable charge. Out-of-Network providers may bill the member for the remaining balance. See Certificate for details.	20% Coinsurance after Deductible	20% Coinsurance after In-Network Deductible
<b>Ground Ambulance</b> Out-of-Network benefits are subject to the plan's allowable charge. Out-of-Network providers may bill the member for the remaining balance. See Certificate for details.	20% Coinsurance after Deductible	20% Coinsurance after In-Network Deductible
<b>Air Ambulance</b>	20% Coinsurance after Deductible	20% Coinsurance after In-Network Deductible
<i>If you have a hospital stay...</i>	<b>In-Network</b>	<b>Out-of-Network</b>
<b>Hospital Facility Fees</b> Prior Authorization Policy Applies	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<b>Physician (Surgeon) Services</b>	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<i>If you need help recovering or have other special health needs...</i>	<b>In-Network</b>	<b>Out-of-Network</b>
<b>Skilled Nursing Care</b> Prior Authorization Policy Applies Maximum benefit of 30 Day(s)/Calendar Year for In-Network and Out-of-Network	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<b>Home Health Services</b> Prior Authorization Policy Applies Maximum benefit of 60 Visit(s)/Calendar Year for In-Network and Out-of-Network	20% Coinsurance after Deductible	50% Coinsurance after Deductible

<b>Physical Therapy</b> Maximum benefit of 60 Visit(s)/Calendar Year for In-Network and Out-of-Network	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<b>Occupational Therapy</b> Combined with Physical Therapy Limits	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<b>Skeletal Manipulation performed in a Chiropractic Office</b>	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<b>Speech Therapy</b> Maximum benefit of 60 Visit(s)/Calendar Year for In-Network and Out-of-Network	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<b>Hearing Therapy</b> Combined with Speech Therapy Limits	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<b>Durable Medical Equipment</b> Prior Authorization Policy Applies	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<b>Inpatient Hospice Services</b> Prior Authorization Policy Applies Maximum benefit of 14 Day(s)/Lifetime for In-Network and Out-of-Network	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<b>Home Hospice Services</b>	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<i>If you have behavioral health, or substance abuse needs...</i>	<b>In-Network</b>	<b>Out-of-Network</b>
<b>Outpatient Mental Health, Behavioral Health, and Substance Abuse Services Office Visit</b>	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<b>Therapy</b>	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<b>Inpatient Mental Health, Behavioral Health, and Substance Abuse Services (Facility Fees)</b> Prior Authorization Policy Applies	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<b>Inpatient Mental Health, Behavioral Health, and Substance Abuse Services (Physician)</b> Includes: Therapy & Other Services, partial hospitalizations	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<i>Family Planning &amp; Pregnancy...</i>	<b>In-Network</b>	<b>Out-of-Network</b>
<b>Contraceptive Devices, Implants, and Injections</b> See also pharmacy benefits.	No member cost share	50% Coinsurance after Deductible
<b>Elective Sterilization – Women</b>	No member cost share	50% Coinsurance after Deductible
<b>Elective Sterilization – Men</b>	Deductible, then no charge	50% Coinsurance after Deductible
<b>Maternity</b> Dependent daughters are covered for maternity services	Covered	Covered
<b>Infertility and Impotency Diagnosis and Treatment</b> Pharmacy Coverage: See Member Certificate for more details.	20% Coinsurance after Deductible	50% Coinsurance after Deductible
<i>Routine Vision Care...</i>	<b>In-Network</b>	<b>Out-of-Network</b>
<b>Routine Eye Exam</b> Maximum benefit of 1 Exam(s)/Calendar Year for In-Network and Out-of-Network	No member cost share	50% Coinsurance after Deductible

General Pharmacy Information		
<b>Retail Pharmacy Network(s)</b>	RxPremier	
<b>Prescription Drug List</b> Learn more about the drugs covered by your plan, drug category/tier, prior authorization and step therapy by reviewing your prescription drug list at <a href="http://MyBlueKC.com">MyBlueKC.com</a>	Premium Formulary	
<b>Specialty Pharmacy</b> A Specialty Pharmacy is one that provides specialized care for patients with complex chronic health conditions. Learn more about the drugs covered by your plan, drug category/tier, prior authorization and step therapy by reviewing your prescription drug list at <a href="http://MyBlueKC.com">MyBlueKC.com</a>	OptumRx Specialty Services <b>PH:</b> 1-855-427-4682	
<b>Copay Credit Accumulator Adjustment (CCAA)</b>	Specialty drug copay card dollars will not be included in your deductible and/or out-of-pocket limits. Only your true out-of-pocket costs will be applied to your deductible and/or out-of-pocket totals.	
<b>Outpatient Prescription Drug Deductible</b> You must pay all the costs up to the Deductible amount before this plan begins to pay for covered services.	<b>In-Network</b>	<b>Out-of-Network</b>
	Combined with Medical Deductible	Combined with Medical Deductible
<b>Outpatient Prescription Drug Out-of-Pocket Limits</b> The Out-of-Pocket Limit is the most you could pay during the Calendar Year for your share of the cost of covered services.	<b>In-Network</b>	<b>Out-of-Network</b>
	Combined with Medical Out-of-Pocket Limits	Combined with Medical Out-of-Pocket Limits
<b>Rx Savings Solutions</b> A team of pharmacists and pharmacy technician will help you make sure you're getting the best possible pricing for your medicines. Member support is available Monday – Friday, 7 a.m. to 7 p.m. CST.	Register online at <a href="http://MyBlueKC.com">MyBlueKC.com</a> and stay up-to-date on cost saving opportunities. <b>Email:</b> <a href="mailto:info@rxsavingsllc.com">info@rxsavingsllc.com</a> <b>PH:</b> 1-800-268-4476	
Plan Benefits – Pharmacy		
<i>When you use a retail or specialty pharmacy...</i>	<b>In-Network</b>	<b>Out-of-Network</b>
<b>Retail Pharmacy (Short-term supply: Up to 34 Days)</b>		
<b>Drug Tier 1:</b> Generic / Generic Specialty	<b>RxPremier:</b> Deductible, then \$10 Copay/Fill Contraceptives – No member cost share	Deductible, then \$10 Copay/Fill, then 50% Coinsurance
<b>Drug Tier 2:</b> Preferred / Preferred Specialty	<b>RxPremier:</b> Deductible, then \$50 Copay/Fill	Deductible, then \$50 Copay/Fill, then 50% Coinsurance
<b>Drug Tier 3:</b> Non-Preferred / Non-Preferred Specialty	<b>RxPremier:</b> Deductible, then \$70 Copay/Fill	Deductible, then \$70 Copay/Fill, then 50% Coinsurance
<b>Retail Pharmacy (Long-term supply: Between 35-102 Days)</b>		
<b>Drug Tier 1:</b> Generic / Generic Specialty	<b>RxPremier:</b> Deductible, then \$30 Copay/Fill	Deductible, then \$30 Copay/Fill, then 50% Coinsurance
<b>Drug Tier 2:</b> Preferred / Preferred Specialty	<b>RxPremier:</b> Deductible, then \$150 Copay/Fill	Deductible, then \$150 Copay/Fill, then 50% Coinsurance
<b>Drug Tier 3:</b> Non-Preferred / Non-Preferred Specialty	<b>RxPremier:</b> Deductible, then \$210 Copay/Fill	Deductible, then \$210 Copay/Fill, then 50% Coinsurance
<i>When you use a mail order pharmacy...</i>	<b>In-Network</b>	<b>Out-of-Network</b>
<b>Mail Order Pharmacy (Mail Order supply: Between 35-102 Days)</b>		

<b>Drug Tier 1: Generic</b>	Deductible, then \$30 Copay/Fill Contraceptives – No member cost share	Deductible, then \$30 Copay/Fill, then 50% Coinsurance
<b>Drug Tier 2: Preferred</b>	Deductible, then \$150 Copay/Fill	Deductible, then \$150 Copay/Fill, then 50% Coinsurance
<b>Drug Tier 3: Non-Preferred</b>	Deductible, then \$210 Copay/Fill	Deductible, then \$210 Copay/Fill, then 50% Coinsurance
<b><i>Preventive Drugs for use with an HSA-Eligible Plan...</i></b>	<b>In-Network</b>	<b>Out-of-Network</b>
<b>Preventive Drug List: All Preventive</b>		
<b>Retail Pharmacy (Short-Term supply)</b>		
<b>Drug Tier 1: Generic / Generic Specialty</b>	<b>RxPremier:</b> No member cost share	Deductible, then \$10 Copay/Fill, then 50% Coinsurance
<b>Drug Tier 2: Preferred / Preferred Specialty</b>	<b>RxPremier:</b> No member cost share	Deductible, then \$50 Copay/Fill, then 50% Coinsurance
<b>Drug Tier 3: Non-Preferred / Non-Preferred Specialty</b>	<b>RxPremier:</b> No member cost share	Deductible, then \$70 Copay/Fill, then 50% Coinsurance
<b>Retail Pharmacy (Long-Term supply)</b>		
<b>Drug Tier 1: Generic / Generic Specialty</b>	<b>RxPremier:</b> No member cost share	Deductible, then \$30 Copay/Fill, then 50% Coinsurance
<b>Drug Tier 2: Preferred / Preferred Specialty</b>	<b>RxPremier:</b> No member cost share	Deductible, then \$150 Copay/Fill, then 50% Coinsurance
<b>Drug Tier 3: Non-Preferred / Non-Preferred Specialty</b>	<b>RxPremier:</b> No member cost share	Deductible, then \$210 Copay/Fill, then 50% Coinsurance
<b>Mail Order Pharmacy</b>		
<b>Drug Tier 1: Generic / Generic Specialty</b>	No member cost share	Deductible, then \$30 Copay/Fill, then 50% Coinsurance
<b>Drug Tier 2: Preferred / Preferred Specialty</b>	No member cost share	Deductible, then \$150 Copay/Fill, then 50% Coinsurance
<b>Drug Tier 3: Non-Preferred / Non-Preferred Specialty</b>	No member cost share	Deductible, then \$210 Copay/Fill, then 50% Coinsurance

## Discrimination is Against the Law

Blue Cross and Blue Shield of Kansas City (Blue KC) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de Blue KC, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 1-844-395-7126.

如果您，或是您正在協助的對象，有關於 Blue KC 方面的問題，您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員，請撥電話1-844-395-7126。

Blue KC:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact Customer Service, 844-395-7126 (Toll free), [languagehelp@bluekc.com](mailto:languagehelp@bluekc.com).

