



SAVE ON MAINTENANCE MEDICATIONS Get Rewarded by Choosing Home Delivery

Select Home Delivery Incentive Choice Program

Express Scripts, the company that manages your prescription plan for Blue Cross and Blue Shield of Kansas City (Blue KC), wants to ensure you are doing all you can to save on your maintenance prescription costs.



Maintenance prescription drugs are considered those taken on a regular basis and are appropriate for up to a 102-day supply.

ACTION REQUIRED

With your current health plan and the **Select Home Delivery Incentive Choice program**, it's important to enroll in home delivery in order to avoid higher copays if you normally fill your long-term medications - also known as maintenance medications - from a retail pharmacy. Here's how it works:



Prevent Higher Copay (additional \$10) by Enrolling in Home Delivery (through Express Scripts Pharmacy)

OR



Pay Higher Copay and Fill from a Retail Pharmacy

(such as Walgreens, Walmart, Costco, etc.)



This year, you will pay a higher copayment (additional \$10) after your second fill of a maintenance medication at a retail pharmacy. To avoid the higher copayment, enroll in home delivery today.

Why is this program important?

Research shows members can experience a 25 percent average savings¹ over retail using Express Scripts Home DeliverySM. Additionally, members who use mail-order pharmacy are up to 19 percent more likely to take their medication as prescribed than those who use retail pharmacy². This increased medication adherence can mean lower overall medical costs for you and improved health.

¹ Express Scripts International. Average percentage savings figure based on analysis of January-December 2013 claims for clients with an integrated benefit, excluding Medicare clients and clients participating in mandatory mail programs. Patient savings based on patient shifting all long-term medicine to home delivery. Savings may vary based on your plan design.

² The American Journal of Managed Care, Dispensing Channel and Medication Adherence: Evidence across 3 Therapy Classes, Oct. 2013



When do I need to switch to home delivery?

This year, you can receive up to two fills at an in-network retail pharmacy before you need to contact Express Scripts to enroll in home delivery and prevent a higher copayment (additional \$10). **If you fill a third time from a retail pharmacy, the higher copayment applies.**

How do I enroll in home delivery?

Go Online to Print Order Form

- Log into MyBlueKC.com. Click the **Pharmacy** tab at the top.
- Select the **Sign Up for Home Delivery** button. Click **Continue** to be redirected to the Express Scripts website.
- Once redirected, select **Benefits** and then **Print Forms**. Complete the form and print.
- Once completed, include your new prescription from your doctor and mail it to Express Scripts.

Contact Express Scripts

Mail Your Home Delivery Order Form

P.O. Box 66538, St. Louis, MO 63166-9901.

Please allow 14 days for the prescription order to be processed, and obtain a 30-day fill at retail if needed. Remember to include your new prescription from your doctor

If you do not have internet access to obtain the home delivery order form, or if you have questions, please call Express Scripts:

Toll free: 855-812-7198