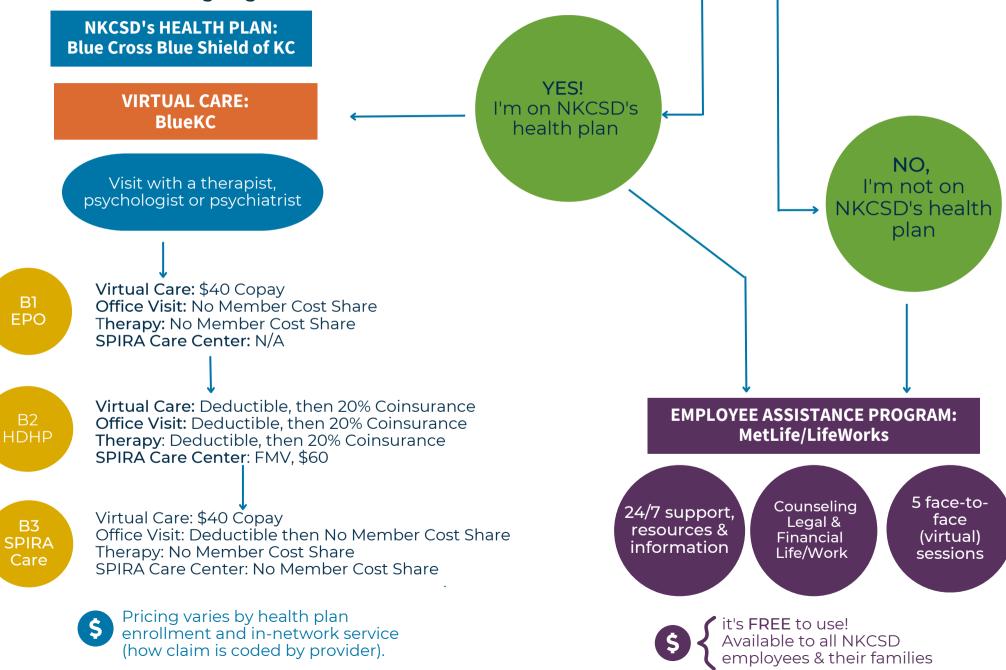
WHERE CAN I GO FOR MENTAL HEALTH?



And how much is it going to cost me?



START

CONTACT INFORMATION

NKCSD HEALTH PLAN: BlueKC Website: www.bluekc.com Phone: 816-395-2576 Toll-free Phone: 1-877-507-1388

VIRTUAL CARE: MyBlueKC mobile app Website: www.bluekc.com Phone: 816-395-2576

BEHAVIORAL HEALTH: Mindful By BlueKC

Website: www.MindfulBlueKC.com Phone: 833-302-MIND (6463)

EMPLOYEE ASSISTANCE PROGRAM: MetLife/LifeWorks

QUESTIONS ?

Website: www.metlifeeap.lifeworks.com User Name: metlifeeap Password: eap Phone: 1-888-319-7819

Contact: Misty Miller, Benefits Coordinator Phone: 816-321-6078 Email: misty.miller@nkcschools.org

While it is intended to be as accurate as possible, the explanations contained herein are subject to the detailed provisions of the legal documents and contracts of the individual plans. In the event of a discrepancy between this guide and the plan document, the plan document will prevail.